

# Indigenous Wellness Consulting



## WELLNESS CIRCLES FOR ORGANIZATIONS, FOR CONFERENCES,

To restore balance, prepare for visioning,  
or for ongoing support and centring

2hrs facilitation including  
Smudge Ceremony \$800

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## WELLNESS COACHING FOR LEADERSHIP AND TEAMS

A Medicine Wheel approach to restoring  
and maintaining life balance

4hrs workshop \$1600  
Ongoing Coaching \$200/hr.

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## INDIGENOUS ELDER SUPPORT FOR EVENTS AND ONE-TO-ONE

From Smudging to Coaching, Lloyd supports  
events with a safe space as well as individuals

Contact for day rate or hourly

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## FACILITATION DESIGN AND DELIVERY

Lloyd is a Decolonizing Practices facilitator  
for clients including Vancouver Coastal  
Health, Vancouver General Hospital, City of  
Vancouver, Fisheries and Oceans Canada,  
Metro Vancouver, SFU and UBC.

He facilitates safe spaces for courageous  
conversations with ceremony, teachings  
and his supportive coaching style.

2 facilitators and a traditional welcome for a  
4hr award-winning workshop including  
Smudge Ceremony, Wellness, Decolonizing  
Facilitation and Visioning \$4800

[www.decolonizingpractices.org](http://www.decolonizingpractices.org)

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*Lloyd facilitates wellness, in the  
workplace, through a holistic model  
that fuses Indigenous teachings  
with a care-centred approach to  
strengthen and balance. Get in  
touch to discuss how Lloyd can  
support your organization with  
wellness coaching, talking circles or  
Indigenous Elder support.*