

LLOYD J. ATTIG, CDS II

lloydjamesdattig@gmail.com
www.indigenouswellnessconsulting.com

Plains Cree Facilitator & Connector, Wellness Coach, Workshop Designer, Conference Presenter, Mi tel'nexw Leadership Society Director & Decolonizing Practices Collaborator

- 29 years experience facilitating positive attitude & behavioural changes with students, clients & organizations
- 12 years experience with enhancing life skills, including holistic health, communication, good relations & self confidence, for urban & rural Indigenous learners
- 10 years experience connecting Indigenous essential skills graduates with next step education, training or job placements including trade apprenticeships
- Lloyd has experienced huge personal transformation through his balanced approach to life, goal setting and healing. He brings a positive vision and optimistic passion to every person & organization he works with.

WORK EXPERIENCE

Mi tel'nexw Leadership Society, Founding Director, Workshop Design & Facilitator	Vancouver, British Columbia March 2020 - present
Decolonizing Practices, Facilitator and Wellness Coach	Vancouver, British Columbia January 2018 - present
North West Regional College, Facilitator and Trainer for Customer Service/ Essential Skills/Communication Skills	North Battleford, Saskatchewan September 2017-December 2017
Battleford's Indian and Metis Friendship Center Facilitator and Trainer for a 10-week Youth Trades and Essential Skills program Jackie Kennedy, 306-445-8216	North Battleford, Saskatchewan January 2017-May 2017
Saskatoon Tribal Council Employment and Careers Counselling and Training Brian Attig, 306-659-2500	North Battleford, Saskatchewan 2014-2017
Engele & Kook Assoc. Trades Preparation, Essential Skills, Life Skills Coaching	Saskatoon, Saskatchewan 2016
Bear Heart Associates Consultant/Facilitator	Saskatoon & North Battleford, Saskatchewan 2007-2012
Saskatchewan Indian Gaming Authority Health & Wellness Counsellor	Prince Albert, Saskatchewan 2002-2008
Hey Way Noqu Healing Circle for Addictions Society Clinical Supervisor, Youth & Family Counsellor, Group Facilitator & Public Relations	Vancouver, British Columbia 1991-2002

SAFETY TICKETS

- WHMIS Instructor Training 2017
- First Aid, Emergency Level 1 2017
- SCSA Saskatchewan Construction Safety Ticket, CSTS 2017

EDUCATION & CERTIFICATES

<i>Ministry of Mental Health and Addictions</i> Provincial Men's Addiction Certificate of British Columbia	Vancouver, British Columbia 2003
<i>"Hey Way Noquu", Healing Circle for Addictions Society</i> F.A.S Fetal Alcohol Syndrome Certificate	Vancouver, British Columbia 2003
<i>Ministry of Mental Health and Addictions</i> Youth Crisis Certificate	Vancouver, British Columbia 2002
<i>North West Indian College</i> CDS II Chemical Dependency Specialist Level II (Renewal)	Vancouver, British Columbia 2001
<i>Nadine Clappette, Department of Mental Health</i> HIV & AIDS Certificate	Vancouver, British Columbia 1998
<i>Dr. Dianne Red Hawk House</i> Sexual Abuse Level II Counsellor Training	Vancouver, British Columbia 1996-1997
<i>MAKA, Family Program United Nations of all Tribes Foundation</i> INA Comprehensive Anger Management Certificate	Seattle, WA 1995
<i>Jane Middleton Moz</i> Residential School Clinical Counselling Training	Kelowna, British Columbia 1994
<i>North West Indian College</i> CDS II Chemical Dependency Specialist Level I & II Certificate	Bellingham & Tacoma , WA 1992 & 1995
<i>Justice Institute of BC</i> Child Sexual Abuse Intervention Level I Certificate	Vancouver, British Columbia 1992
<i>Northwest Indian College</i> Following The Circle Of Recovery, Family Counselling Certificate	Tacoma, WA 1992
<i>Jane Middleton Moz</i> Adult Survivors of Family Trauma Training	Vancouver, British Columbia 1991
<i>Native Education Center</i> Alcohol & Drug Councillor Certificate	Vancouver, British Columbia 1991

WORKSHOPS

Personally developed, created and facilitated workshop for the following:

- Communication, Conflict Resolution, customer service, body language, and public speaking
- Employment and Career Exploration
- Exploring Health & Wellness
- Understanding and Using the Medicine Wheel
- Anger Management and Controlling Rage
- Understanding the Spiritual Self
- Changing Your Cognitive Thinking
- Motivating Yourself to Positive Change
- How to Achieve Your Goals
- Inner Child – Healing Within
- Holistic Healing and Wellness
- Life Skills for Employment
- Motivational and Keynote Speaker
- Cultural Awareness
- Boundaries

FAMILY THERAPY WORKSHOPS

- Understanding Family Dynamics, genograms
- Stopping the Cycle of Self-Destruction of Suicide
- Understanding Addictions
- Effects of Depression (Individual, Family & Community)
- Eating Disorders in the Aboriginal Community
- Residential School Holistic Healing, history, and recovery
- Stress and Burnout
- Problem Gambling
- Life-Skills Training
- Workplace Skill Development
- Implementing Medicine Wheel Healing Strategies
- Family Violence and Spousal Abuse Intervention Strategies
- Survival Camps
- Rodeo Clown Healing Workshop
- Teenagers and the Medicine Wheel
- The Teenage Years
- Coping with and Understanding Teens
- Life Skills for Living
- Cooking and Nutrition Training